

Marathon solidaire

Courir un marathon n'est pas la tasse de thé de tout le monde, ni le verre de vin d'ailleurs. C'est pourtant autour d'un verre de bourgogne que Steve Hear, Phil Hobson, Kieren Beard et Sandro Bertoli, le lendemain de Noël, ont constitué une équipe et décidé de relever le défi de la plus longue des courses à pied.

Généralement, ce genre d'idées tombe à plat dès le lendemain, surtout lorsqu'apparaissent la lumière du jour et un brin de migraine. Toutefois, exceptionnellement, le lendemain ces quatre amis, baptisés la nuit précédente les « T.F.B. » (essayez de deviner : T pour Thoiry, les deux autres lettres ayant un rapport avec le tour de taille...!), sont allés faire un court mais difficile footing. Il restait 4 mois éreintants avant le grand jour, le 7 mai. Leur programme comportait 4 courses par semaine, y compris une longue course le week-end. Et c'est ce qu'ils ont fait. Non sans quelques difficultés. Ceux qui approchent la quarantaine comprendront : les genoux, les chevilles, les muscles et presque tout le reste se mettent à grincer et à gémir sous ce martèlement incessant. Steve (un ancien coureur olympique) nous avait fait savoir que « c'est juste le corps qui s'habitue à une routine différente... ».

Quelle que soit la douleur endurée, ce n'était rien comparé à la misère subie chaque jour par des millions de personnes dans les endroits les plus pauvres de la planète. Nous avons donc décidé de mettre nos efforts au service d'une bonne cause et de récolter de l'argent pour des personnes ayant moins de chance que nous. Souffrir pendant une course d'une heure par moins 6 degrés dans le blizzard est une promenade de santé comparé aux conditions de vie de l'après-tsunami.

Lorsque le jour est arrivé, les T.F.B. attendaient impatiemment sur la ligne de départ. C'était une journée fraîche, idéale en fait, et les encouragements de la foule (dont nos familles et amis) et les sites touristiques de la ville furent suffisants pour pousser les quatre intrépides jusqu'à la ligne d'arrivée, dans les délais fixés. Les sommes récoltées pour les Collectes à long terme de l'Association du personnel du CERN se montent à 2 394 CHF.



Nous remercions sincèrement nos familles, amis et collègues qui nous ont encouragés tout au long de cette rude épreuve... vivement l'année prochaine !

Phil Hobson
Phil_Hobson@hotmail.com



Yachting Club

Sunday ten days ago saw a YCC internal regatta with a difference: the Trois Heures de Versoix and Organiser Mario Campanelli reported that it was a sunny, warm day, with convenient thermal light airs setting in, in timely fashion, just about at the start of the regatta. The starting procedure is the most complicated of any potential regatta but everything went well, and (almost) all boats made a good start. Then the many laps started, with a fascinating pursuit between the two British-helmed RS boats. The slightly slower (Yardstick ratings) RS400 started 5 minutes before the single-handed RS700, but over the whole regatta, the latter kept cutting down the lead (with distances at every lap ranging between 1 and 2 minutes). But "*Can't Blame the Crew*" helmed by Jonathan Cook was never able to overtake "*Babe*" with John and Sarah Fullerton, finishing just 1 minute later, after almost three hours of close sailing. Well, Jonathan gives a hostage to fortune by so naming his boat! Not too far behind (but a whole lap less, with this style of regatta) was Giachimo Bruno with a third RS, another (and first Club-owned) boat, our RS400.

There was a good turn-out of dinghies, slightly reversing a trend we used to see in regattas of a year or more ago. Less well represented were our keelboats, but Daniel Litim had competition for his final victory, with the other Surprise also completing a lap less. All scores and accruing points are on the web, of course

<http://yachting.web.cern.ch/yachting/Internal/Results/Results20060716.html>

May we take this opportunity to remind you of slightly modified (Surprise, mostly) YCC rules on windspeeds, decided by the Committee in April. Members will recall the original problem last season, the resulting temporary decision and the thinking then behind a single allowed maximum windspeed for all boats. We now confirm different categories for differently-intended boats within our fleet, since keelboats are designed for stronger winds and are inherently "less dangerous" in those conditions. For **Surprises**, the following conditions apply:

- Don't leave the harbour with a wind force beyond 6 Bf
- Jib (i.e. no longer the Genoa jib) mandatory beyond 4 Bf
- If caught outside the harbour with stronger winds, the skipper takes whatever measure he/she deems appropriate to protect boat and crew. The skipper may in particular opt to remain far from the coast while riding out the storm, so as to avoid damage that may result from a problematic harbour entry.

Windsurfs: no limits set.

Dinghies and Ynglings and the current **First 25** (pending purchase of replacement) maximum permitted windspeed remains at 5 Bf.

In all cases, a storm warning light and its rules nevertheless take precedence. Plus common sense.



Croquet & Lawn bowls

Croquet

The season is now well under way. Here is a résumé of events so far :

30 April: Opening Event, won by Danny Davids/IT ;

13 May: 14-point Swiss Advanced championship, won by Peter Payne ;

20/21May: on invitation from the German Croquet Association, and for the second year running, Norman Eatough gave a two-day coaching course in German near Mannheim, with participants from local clubs and also from Hamburg, Dresden and Leipzig ;

2/4 June: the Swiss team of Danny Davids, Dave Underhill, Norman Eatough and Alan Ipekian won the Rheingold-Pokal triangular International v Austria and Germany near Vienna;

8/9 July: Norman Eatough won the Swiss Golf croquet championship, beating Peter Payne 2-0 in the semi and Ian Sexton 2-1 in a close final. Dave Underhill came 3rd;

On three Tuesdays in July, Norman Eatough coached youngsters in French in the Geneva summer Passeport-Vacances programme. They learned quickly and we hope some of them will continue and become members ;

Social Night is held every Monday evening, with well-contested golf croquet games followed by a bbq and animated chat in the clubhouse.

The Swiss Open will take place at CERN club (Prévessin site) on 29-31 July. Players from the UK and other European countries will take on the best locals. Spectators are welcome.

Lawn Bowls

A small group play every Wednesday morning. New members will be made very welcome.

The club is looking for new members. Why not try a new sport this summer?

Coaching is offered in both the simpler golf croquet and the more tactical Association versions of the game, starting 4th May. We have a newly-renovated clubhouse with a bar, and all equipment is provided.

For further information on croquet, please contact:

Norman Eatough: Email : norferga.itov@wanadoo.fr OR 0033 450 412187.

Lawn bowls : contact Denis Hill : denis.hill@freesurf.ch OR 022 757 2556.



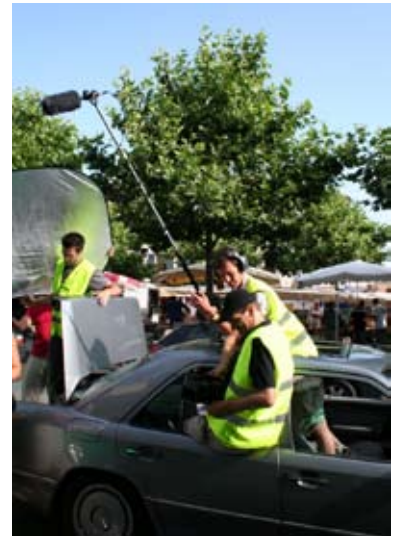
CERN Film Making Club

If you have been shopping in the Carouge market recently you may have wondered who the strange couple is, walking their dog over and over, up and down the same stretch pavement followed by a mysterious grey car with camera and microphone sticking out of roof and window.... Yes, you have witnessed the first part of the production of "Obsessed", our new film project! Learning by doing, we were again taught many useful lessons, such as that filming next to a church on Saturday morning can be a nightmare unless you know how to stop the concert given by the marvellous bells, or that bright sunshine is not at all what you want to achieve a realistic illumination of the set.

Despite these small inconveniences the weekend was a great success and a lot of excellent material is now waiting to be edited. More challenges will have to be tackled at the end of the month when we will shoot the indoor scenes of "Obsessed" in which a mysterious object will take possession of a cat!

If you would like to find out more check out our web site at:

<http://cern.ch/oye-films>



CERN Dancing Club

Programme Eté 2006

Avec Jean-Pierre et Marie-Hélène

| | | |
|---------------------|------------------|----------------|
| Mercredi 05 juillet | de 20h00 à 21h30 | ROCK JAZZ |
| Mercredi 12 juillet | de 20h00 à 21h30 | SALSA CUBAINE |
| Mercredi 19 juillet | de 20h00 à 21h30 | TANGO ARGENTIN |
| Mercredi 26 juillet | de 20h00 à 21h30 | CHACHA |
| Mercredi 02 août | de 20h00 à 21h30 | SAMBA |
| Mercredi 09 août | de 20h00 à 21h30 | MAMBO |
| Mercredi 16 août | de 20h00 à 21h30 | SALSA CUBAINE |
| Mercredi 23 août | de 20h00 à 21h30 | JIVE |
| Mercredi 30 août | de 20h00 à 21h30 | BOOGIE |

| Tarif | 1 séance | 2 séances | 3 séances | 4 séances | 5 séances et + |
|------------|----------|-----------|-----------|-----------|----------------|
| 1 personne | 19 € | 34 € | 48 € | 61 € | 77 € |
| 1 couple | 32 € | 60 € | 83 € | 104 € | 128 € |

Avec Eduardo

| | | |
|-------------------------------|------------------|-------------|
| Tous les lundis | | BREAK DANCE |
| du 3 juillet au 21 août | de 18h30 à 20h00 | HIP HOP |
| Tarif : 5€ ou 8CHF par séance | | |

Avec Domenico et Paula

| | | |
|---------------------------------|------------------|----------------|
| Vendredi 01 septembre | de 18h30 à 20h00 | TANGO ARGENTIN |
| Vendredi 15 septembre | de 18h30 à 20h00 | TANGO ARGENTIN |
| Tarif : 10€ ou 16CHF par séance | | |

Avec Britt

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|---------------------------------|------------------|-----------------|
| Mercredi 06 septembre | de 18h30 à 20h00 | DANSE ORIENTALE |
| Mercredi 13 septembre | de 18h30 à 20h00 | DANSE ORIENTALE |
| Tarif : 10€ ou 16CHF par séance | | |

E-mail: Dancing.Club@cern.ch
Info: <http://club-cdc.web.cern.ch/>